



Capability Statement

SEED Health Solutions

Women-Owned & Minority-Owned | County of Los Angeles–Certified (WBE · MBE · CBE)
Public-Sector Health & Mental Health Consulting | Small Business (SB)

Core Competencies

- Integrated Mental Health & Primary Care Program Design
- CalAIM & Medi-Cal Implementation Support
- Community–Clinical Care Pathway Development
- Data-Driven Quality Improvement & Outcomes Dashboards
- Bilingual & Culturally Responsive Program Design
- Public-Sector Strategy, Planning & Systems Integration

Differentiators

- **Deep LA County Systems Knowledge:** Direct experience with DMH, prevention, and County governance structures.
- **Bilingual & Culturally Competent:** Fluent in English and Spanish with 27 years of culturally responsive service delivery.
- **Implementation-Focused:** Translates County policy and funding requirements into operational programs.
- **Public Contracting Ready:** Experienced working within County and public-sector contracting environments.

Past Performance

- **County Mental Health Leadership:** Former Co-Chair of SALT-4 (LA County DMH) and Commissioner on the LA County Community Prevention & Population Health Taskforce.
- **Integrated Bilingual Mental Health Services:** Led system integration across four clinics, improving care coordination and workflow standardization.
- **Community Prevention & Engagement Models:** Designed and launched *Café con Pan*, a culturally tailored mental wellness platform serving Latinx communities.
- **Integrated Care Pathway Design:** Connected mental health, primary care, and case management services across community and clinical settings.

Company Data

Company Overview

Founded in 2025 by Carmen Perez, MSW, MBA, SEED Health Solutions brings nearly two decades of expertise in mental health, healthcare, and public-sector leadership.

We partner with public agencies, health systems, and community organizations to design and implement data-driven, culturally responsive health and mental health programs. Our solutions improve access, integration, and outcomes for high-utilizer and underserved communities.

Commodity Codes:

91804 • 91806 • 91820 • 91826 • 91827
91838 • 91858 • 91875 • 91876 • 91878

Certifications

- State of California: Small Business (SB)
- City of Los Angeles: Small Business Enterprise (SBE)
- County of Los Angeles: CBE | MBE | WBE

Company Information

Carmen Perez, MSW, MBA

Founder & Principal Consultant

SEED Health Solutions

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