



# Capability Statement

## SEED Health Solutions

Women-Owned & Minority-Owned | County of Los Angeles–Certified (WBE · MBE · CBE · LSBE)  
Public-Sector Health & Mental Health Consulting | Small Business (SB)

### Core Competencies

- Integrated Mental Health & Primary Care Program Design
- CalAIM & Medi-Cal Implementation Support
- Community–Clinical Care Pathway Development
- Data-Driven Quality Improvement & Outcomes Dashboards
- Bilingual & Culturally Responsive Program Design
- Public-Sector Strategy, Planning & Systems Integration

### Differentiators

- **Deep LA County Systems Knowledge:** Direct experience with DMH, prevention, and County governance structures.
- **Bilingual & Culturally Competent:** Fluent in English and Spanish with 27 years of culturally responsive service delivery.
- **Implementation-Focused:** Translates County policy and funding requirements into operational programs.
- **Public Contracting Ready:** Experienced working within County and public-sector contracting environments.

### Past Performance

- **County Mental Health Leadership:** Former Co-Chair of SALT-4 (LA County DMH) and Commissioner on the LA County Community Prevention & Population Health Taskforce.
- **Integrated Bilingual Mental Health Services:** Expanded mental health access across 4 clinics by connecting bilingual/ bicultural services to primary care -- improving care coordination for underserved Latinx patients. (Adventist Health White Memorial)
- **Community Prevention & Engagement Models:** Designed and launched *Café con Pan*, a culturally tailored mental wellness platform in partnership with Wellnest, engaging 10–15 Latinx community members weekly on mental health, wellbeing, and health education.

### Company Data

#### Company Overview

SEED Health Solutions was founded in 2025 by Carmen Perez, MSW, MBA -- a seasoned public-sector health consultant with nearly 20 years of hands-on experience in mental health, healthcare, and public-sector leadership.

We partner with public agencies, health systems, and community organizations to design and implement data-driven, culturally responsive health and mental health programs. Our solutions improve access, integration, and outcomes for underserved communities.

#### Commodity Codes:

91804 • 91806 • 91820 • 91826 • 91827  
91838 • 91858 • 91875 • 91876 • 91878

### Certifications

- State of California: Small Business (SB)
- City of Los Angeles: Small Business Enterprise (SBE)
- County of Los Angeles: CBE | MBE | WBE
- Federal: SAM.gov Registered | UEI | CAGE Code
- County of Los Angeles: CEO Master Service Agreement (MSA): Active

### Company Information

**Carmen Perez, MSW, MBA**

*Founder & Principal Consultant*

**SEED Health Solutions**

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